OUR MISSION & 100% ORGANIC COTTON STANDARD

2026 Program Overview & Founding Impact Plan

Nearly **1 in 4 menstruating students in the United States** struggles to afford period supplies, leading to missed school days and preventable health risks. For unhoused women and girls living without running water, conventional plastic-backed scented products and internal menstrual devices increase the risk of irritation and infection. **Love Her Period Foundation (EIN: 88-0613961)** helps close the gap between Washington State's school access law (**RCW 28A.210.420**) and daily student and community need by providing **100% GOTS-certified organic, chlorine-free menstrual care**.

HOW WE SERVE: CARE KITS & SCHOOL RESTOCK CRATES

Program & Sponsorship Cost	Who It Serves	What Is Included	Direct Impact
1. Student Dignity Kit **$35 / Kit**	Title I Public School Students (Grades 3–12, RCW 28A.210.420)	Matte Charcoal + Crimson waterproof pouch, 3-month supply of GOTS organic cotton pads & liners, soothing herbal patch, bilingual cycle health guide.	**1 Student supported for a full 90-day school quarter**
2. Street Outreach Pack **$45 / Pack**	Unhoused Women & Street Medicine Routes (No Running Water)	Weatherproof ripstop pouch, high-absorbency organic day/overnight external pads, waterless pH-balanced wipes, kraft disposal bags (external care only).	**1 Unhoused Neighbor supported for 60 days**
3. Zero-Waste Eco Kit **$35 / Kit**	Housed Teens & Campus Sustainability Programs	PFAS-free organic cotton period underwear, sealed medical-grade silicone cup (for recipients with private washroom access), organic cloth pads, storage pouch.	**1,200+ Single-Use Plastics kept out of landfills over 3–5 years**
4. School & Shelter Crate **$250 / Crate**	WA School Nurses, Domestic Violence Shelters & Day Centers	500-unit restock crate containing 25 waterproof pouches, bulk organic cotton day/overnight pads, and clinic dispensary packs.	**500 Organic Units ($0.50/unit) serving 45–60 people**

PUBLISHED RESEARCH & 2026–2027 PROGRAM GOALS

Focus Area	Published Need Benchmark	2026–2027 Founding Goal	How We Track Progress
1. Multi-Cycle Organic Care Kits ($35–$45/Kit)	**1 in 4 U.S. Teens** struggle to afford supplies (*State of the Period / Harris Poll*)	**1,500 Kits (75,000+ organic units)**	Care Request Records & Signed Partner Receipts
2. School & Shelter Restock Crates ($250/Crate)	**WA RCW 28A.210.420** (295 school districts) & **28,000+ unhoused** (WA PIT Count)	**50 Bulk Crates (25,000+ organic units)**	School Nurse & Shelter Partner Delivery Receipts
3. Student Classroom Attendance	**4 in 5 (84%) students** miss class or know a classmate who missed class	**≥90% Attendance Support across partner campuses**	Semi-Annual School Nurse & Partner Feedback Survey
4. Clean Cotton & Plastic Reduction	**10x–80x tissue permeability** (PubMed PMID: 15592622) & **90% plastic** in conventional pads (UNEP)	**100% GOTS Organic (0% chlorine/dioxins/fragrance)**	GOTS Supplier Lot Certificates & Donation Records

PARTNER WITH US

To sponsor a cohort of Washington Title I schools or shelters, review our IRS Form 990-N status and Board-Ratified ≥80% Program Allocation Charter, or plan an employee Care Kit Packing Drive, contact **Benita Thomas (Founder & President)** or **Joseph Yeadon (Treasurer & CFO)** at **admin@loveherperiod.org • Toll-Free (844) 673-0497 • https://loveherperiod.org/impact-brief/** • Online Giving: **https://givebutter.com/love-her-period-foundation**.